

Get in touch

Call our national phone lines

You can contact an adviser through our national phone service:
Adviceline (England): 0800 144 8848
Relay UK: If you can't hear or speak on the phone, you can type what you want to say: 18001 then the Adviceline or Advicelink number.

Adviceline is available 9am to 5pm,
Monday to Friday

Universal Credit

You can contact an adviser through our free Help to Claim phone service. Our Help to Claim advisers can help you with the early stages of your Universal Credit claim. Advisers are available 8am to 6pm, Monday to Friday:
England: 0800 144844

Consumer problems

You can contact the Citizens Advice consumer helpline if you need more help with a consumer problem.
Citizens Advice consumer helpline: 0808 223 1133

For Debt advice

Call your local Citizens Advice or Debt Free London 0800 808 5700

Find your local Citizens Advice

<https://londoncitizensadvice.org.uk/>

Citizens Advice helps people find a way forward.

We give free, confidential and independent advice to help people overcome their problems. We're a voice for people on the issues that matter to them.

We value diversity, champion equality, and challenge discrimination and harassment.

We're here for everyone.



<https://londoncitizensadvice.org.uk/>



Citizens Advice is an operating name of The National Association of Citizens Advice Bureaux.
Registered charity number 279057.

London Citizens Advice Supporting Londoners through crisis



**citizens
advice**

**Royal Courts
of Justice**

About us

We're 28 local charities together supporting Londoners:
Citizens Advice Barking & Dagenham
Citizens Advice Barnet
Citizens Advice Bexley
Citizens Advice Brent
Citizens Advice Bromley
Citizens Advice Camden
Citizens Advice Croydon
Citizens Advice East End
Citizens Advice Enfield
Citizens Advice Greenwich
Citizens Advice Hammersmith & Fulham
Citizens Advice Haringey
Citizens Advice Harrow
Citizens Advice Havering
Citizens Advice Hillingdon
Citizens Advice Hounslow
Citizens Advice Kensington & Chelsea
Citizens Advice Kingston
Citizens Advice Lewisham
Citizens Advice Merton & Lambeth
Citizens Advice Redbridge
Citizens Advice Richmond
RCJ and Islington Citizens Advice
Citizens Advice Southwark
Citizens Advice Sutton
Citizens Advice Waltham Forest
Citizens Advice Wandsworth
Citizens Advice Westminster

Cost of Living Partnership

Working with the Greater London Authority (GLA), the London Legal Support Trust (LLST) and advice partners across London we've expanded our services and outreach in the community to support Londoners facing cost of living challenges.

We also work with, support and train community groups across London to offer "Advice First Aid"; building up their skills and knowledge to support communities and refer into advice where appropriate.

Our cost of living support includes advice and assistance with welfare benefits, debt, budgeting, energy, crisis grants and other local other schemes.

For more information, or to contact your local Citizens Advice for cost of living support, please go to our London Citizens Advice website, put in your details in the search tool and you'll see how to contact your local office.

<https://londoncitizensadvice.org.uk/>

London Partnerships

Partnership is key to everything we do. Our London partnerships include:

Debt Free London: We work in a London partnership of debt charities to provide debt advice for Londoners.

Food partnerships ("Food Roots"): We work with foodbanks and other food aid organisations in London, including working with health and food partners supporting schemes to buy food and milk (eg., NHS Healthy Start scheme).

Employment training advice programme: We work across London to upskill our service in employment rights advice so that we can tackle labour exploitation and poor employment practices.

Workforce programme ("London Propel"): We work with **London Funders** to find new ways of offering training and employment in advice work, especially from London communities who are under-represented, or have lived experience of advice issues.